# THE SPA OF LA BELLE JULIETTE



WHERE EASTERN TRADITIONS MEET COSMETIC EXPERTISE

MARIA GALLAND PHYTOMER

MASSAGES, A TURKISH BATH AND A SWEET LITTLE POOL





### LA BELLE JULIETTE HOTEL & SPA

92, RUE DU CHERCHE-MIDI 75006 PARIS T +33 [0]1 42 22 29 23

www.labellejuliette.com

### The elegant setting of La Belle Juliette is the ideal place to experience new sensations of beauty and well-being. Live in harmony with the Parisian seasons!

#### **TREATMENT TIMES**

It is important to respect the time of your booking. In order for your session to take place in an atmosphere of calm and satisfaction, we request that you arrive 15 minutes before it is scheduled to begin. Late arrival will oblige us to reduce the duration of your session.

### **BODY TREATMENTS**

### La Belle Juliette's Haven of Peace

Feel your body gently let go of all its tension 30 min — 70 € **or** 60 min — 120€ or 90 min — 190 €.

### Deep Tissue Massage

For a moment of absolute relaxation

60 min — 130€

### **Energies massage**

This gentle massage with perfumed organic oils combines reflexology and Shiatsu to rebalance your body's internal energies.

75 min — 140 €

### For the wellbeing of mothers-to-be

A careful massage created specially for pregnant women (starting from the 4th month), with adapted postures and movements.

30 min — 80 € or 60 min — 135 €

### Languishing Lovers

Two individual massages followed by an introduction to mutual back massage. 90 min — 300€ (booking essential)

### ♦ ♦ ♦ BODY TREATMENTS ♦ ♦ ♦

### Beauty Ritual Seasonal Body Treatment

Awaken your senses... and your skin. Scrub, wrap, massage... absolute bliss!

120 minutes — 200€

### Sweet Delicacies Ritual

Heighten your sweet senses with this scrub and chocolate wrap (non-edible).

60 minutes — 85€

### Peking at your feet

For a moment, dream that you're the Empress of China. Seasonal, essential oils footbath, scrub, mask, foot and neck massage.

60 minutes — 110€

### Hand Happiness

Give your hands the ultimate treat! They'll be bathed in the season's essential oils, followed by a scrub, mask, massage and nail varnish application.

60 minutes — 110€

### Foot reflexology

Be in total harmony with your body. This method helps relax your muscles using precise pressure points and stimulates blood and lymphatic circulation.

60 minutes — 90€

To help you continue to relax, tea is served after all our beauty treatments, and you are allowed free access to our Turkish bath and sweet little pool.

For further information, please contact us on 01 42 22 29 23, or send an e-mail to spa@labellejuliette.com

#### **MODIFICATION OR CANCELLATION**

your booking. All cancellations made between six have health care facilities. and two hours prior to the appointment will incur a charge of 50 % of the total fee. Beyond this limit, cancellations will be charged 100 % of the total fee.

#### HEALTH

hours notice is required to allow us to reschedule affect your session, please tell us. Our Spa does not



## EXCEPTION FACIAL TREATMENTS

### Mille Lumières beauty treatment

This treatment combines supreme luxury and overall youth, targeting all the sign of ageing. Density, firmness, smoothed wrinkles, hydration and nutrition. A pure sensorial pleasure.

Facial treatment — 90 minutes — 135 €

### Soin Lumin'éclat

To help the skin keep up with your stunningly vibrant lifestyle. A new, unique method of beauty care for women in their 30s, featuring an exclusive treatment, innovative active ingredients and efficient lifestyle tips.

Facial treatment — 60 minutes — 95€

### **Mosaic Modelling Method**

An iconic, ultra-personalised beauty treatment with a spectacular lifting effect. The skin is visibly younger-looking with a more radiant look.

Facial treatment — 90 min — 130 €

### Revitalising treatment

This refreshing, revitalising treatment is perfect for the summer months. Its face mask with algae and special essences is adapted to your skin type with immediate visible results like a second skin.

Facial treatment — 75 minutes - 95€

### "Cocoon" Treatment

(hydrating, precious or firming versions)

A treatment for well-being and relaxation. Its little bonus: a wonderfully soft foaming mask that envelops the face in a veritable cocoon.

Facial treatment— 60 minutes — 85 €

### SILHOUETTE PROGRAM

## Detox and Energy performance treatment

Models, firms – a treatment targeted for every zone of the body. Innovative modelling techniques for a unique Spa experience: Scrub, thinning massage and envelopment.

Body – 90 minutes — 150€

### Instant of bliss

Be pampered with this full-body relaxing treatment. Stimulates, relaxes, invigorates and harmonises the meridians of the body and mind. The scrub and massage will give you a profound feeling of well-being.

Body – 90 minutes — 150€

### **PHYTOMER**

Phytomer, whose name means "ocean plants", is the first brand in the world to have integrated the benefits of the marine world into modern cosmetology.

### Satin Veil

Salt crystal scrub. 30 minutes — 70 €

### Marine Cocoon

Available in wrap, detox, slimness or back in shape versions. 60 minutes — 85 €

### Refreshing leg treatment

Specially designed to relieve and refresh tired legs. 60 minutes — 85 €

### A Moment of Tranquility

Relaxing treatment for the back. 60 minutes — 85 €