

THE SPA OF LA BELLE JULIETTE



A moment of well-being in the heart of Paris

Located in the 6th arrondissement of Paris, our spa has a cosy, restful atmosphere. Enjoy our sweet little pool with massaging water jets and a counter-current for swimming, then continue your experience in our steam room – a moment of relaxation and peace for both body and mind.



**BEAUTY TREATMENTS, MASSAGES,
STEAM ROOM & SWEET LITTLE POOL**



*The Spa of Belle Juliette is open
to guests of the hotel seven days
a week from 9am-10pm.*

*Visitors not staying at the hotel
are accepted from 10am-7pm
with a prior booking for a beauty
treatment of at least one hour.
This includes access to the pool
and steam room.*

spa@labellejuliette.com | 01 42 22 29 23



THE SPECIAL BEAUTY TREATMENTS OF LA BELLE JULIETTE

La Belle Juliette Haven of Peace

Soft, relaxing massage for a profound feeling of restfulness and tranquility.

Available for: 1 h — 130€ or 30 min — 75€

Deep-tissue massage

Unknots deep muscular tension with stretches.

duration: 1 h — 150€

Thinning treatment

Dynamic draining hand movements that make the body feel lighter, and the skin smoother and reenergised.

duration: 1 h — 150€ / Pack of 10 sessions: 1000€

Swedish massage for men

Oxygenation of the muscles through friction, to tone the muscles and energise the body.

duration: 1 h 30 min — 190 €

Signature treatment

A bubble of energy, a unique moment that is adapted to your body. Rebalances the auras and chakras with an intuitive massage, ending with coaching or guided meditation to prolong the treatment's beneficial effects. Conducted by an energy therapist.

duration: 1 h 30 min — 190 €

Pregnant woman massage

Delicate hand movements that can improve blood circulation and reduce leg cramps. Light kneading helps relax the most stressed muscles and relieve back pain.

duration: 1 h — 150 €

Facial treatment for men PHYTOMER

Adapted to men's skin, with active elements from the sea to purify and hydrate.

duration: 50 min — 120 €

Aching leg relief

Refreshes, relieves and stimulates heavy legs.

duration: 45 min — 75 €

Body scrub with sea salt or mango and passion fruit

Rediscover your skin, oxygenated, relaxed and silky smooth.

duration: 45 min — 75 €

Fleur's

PHYTOMER



Fleur's

An exclusive experience

The Spa of La Belle Juliette can be completely privatised for your event: a birthday, hen party, romantic surprise, moment with friends...

You'll have exclusive access to the pool, steam room and treatment rooms.

Each guest will be given a 30-minute massage, and treated to a savoury or sweet buffet (vegetarian option available), plus a glass of champagne.



**Privatisation – 150€ per person,
for 4-8 people.**

Requires advance booking and is subject to availability.

“We offer beauty rich in emotions”

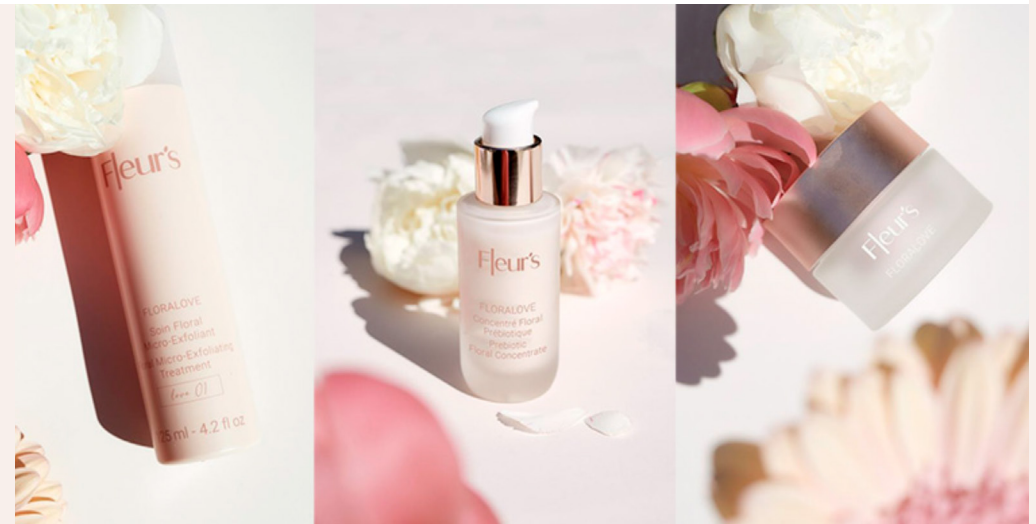
*For Fleur's, beauty is experienced like an emotion,
through sensorial, refined treatments.*

*Exquisite textures, delicate scents and French-style elegance
are all part of our beauty treatments that awaken the senses.*

*Created to be in harmony with your body,
our treatments offer moments of joy
and authentic pleasure every day.*

« We design physiological treatments for the skin »

*Targeted formulas that bring out natural beauty
and wellbeing, at every moment of the treatment.*



THE EXCELLENCE OF TAILOR-MADE BEAUTY TREATMENTS

Treat yourself to a moment of relaxation, alone
or with a friend / partner, in our treatment rooms equipped
with heated massage table

Experience complete relaxation with perfumed oils from Equatoria.

Enjoy tailor-made facial treatments with FLEUR'S products
to bring out the best in women's skin, and PHYTOMER products
specially designed to address men's needs.

FLEUR'S uses the richness of flowers to offer sensorial treatments
that respect both your skin and the environment.

PHYTOMER



OUR FACIAL TREATMENTS

*A collection of facial treatments that combine
remarkable beauty and divine sensations.*

Offer yourself a bouquet of delicious sensations with Fleur's beauty
products, used for all face and body treatments on the menu.

Essential Treatment for All — Reset Effect —

Floralove (Hydra-Essential treatment)

An essential treatment for all women that restores the skin's
natural defences, boosting hydration and glow.

Ideal for the change of seasons.

Vitamins, campion flower and prebiotics

1 h — 140 €

Instant of Life Treatment — Age, Mindset —

Golden (Redensifying Treatment)

Collagen Booster

A comprehensive anti-age treatment ideal for the menopause.

**24 carat gold, Hyaluronic acid
and organic Star Lily**

1 h — 170 €

Floraskin (Plumping Youthfulness treatment)

An adapted anti-wrinkle treatment for 35-year-olds and up.

Hibiscus Flower

1 h — 150 €

Fleur's



Happy Skin Treatment

(Relaxing, Calming)

A calming treatment for stressed or tired women.

Helichrysum flower and Lavender

1 h — 140 €

Seasonal Treatment

— Climate, Lifestyle —

Flower Smoothie

(Hydrating Glow Treatment)

A revitalising treatment ideal in spring / summer.

Perfect for city dwellers any time of year.

Peach flower and Gogi berries

1 h — 140 €

Supreme

(High Nutrition treatment)

An ultra-rich treatment ideal for autumn / winter.

Perfect any time of year for those with dry skin.

Buckwheat flower honey

1 h — 140 €



Fleur's

OUR MESSAGES AND BODY TREATMENTS



Instant of Life' Massages

— State of Mind —

Aromavedic (Ayurvedic Massage)

Reenergising massage with apricot oil, to relieve fatigue.

Deeply relaxing and energising, awaking the senses

with the light perfume of apricot.

1h00 — 140 € /

1h30 with a facial treatment — 165 €

Passion Flower

(Body Serenity Massage)

Relaxing massage with exotic flowers, to relieve stress.

Stretches and enveloping hand movements to release stress

with a wonderment of transforming textures

and exotic perfumes.

1 h — 140 €



Seasonal Wrap
— *For Special Occasions* —

Golden Spa
*(Youthful Boddy Ritual
with 24-carat gold)*

Wrap, massage and facial for the greatest
of occasions.

Ideal for spring / summer.

1 h — 200 €

OUR BEAUTY MODULES

Available alone or with another treatment.

—
Éclosion du regard
(Eye treatment)

To smooth and relax around the eyes.

**Cornflower floral water
and buckwheat flower oil**

20 min — 40 €

Golden Hands
(Hand treatment)

To embellish your hands and cuticles.

**Organic star lily,
hyaluronic acids**

Manicure with scrub
and base application

30 min — 60 €





BOOKINGS, CANCELLATIONS AND LATENESS

We invite you to book your treatments in advance by telephone (+33 1 42 22 29 23) or email: spa@labellejuliette.com. If you arrive late for your appointment, that amount of time will be deducted from your session and the full amount due will be charged.

If you need to cancel or modify your booking, please contact us at least 24 hours before the original booking time in order to avoid the full cost of the treatment from being debited.

STATE OF HEALTH AND PREGNANCY

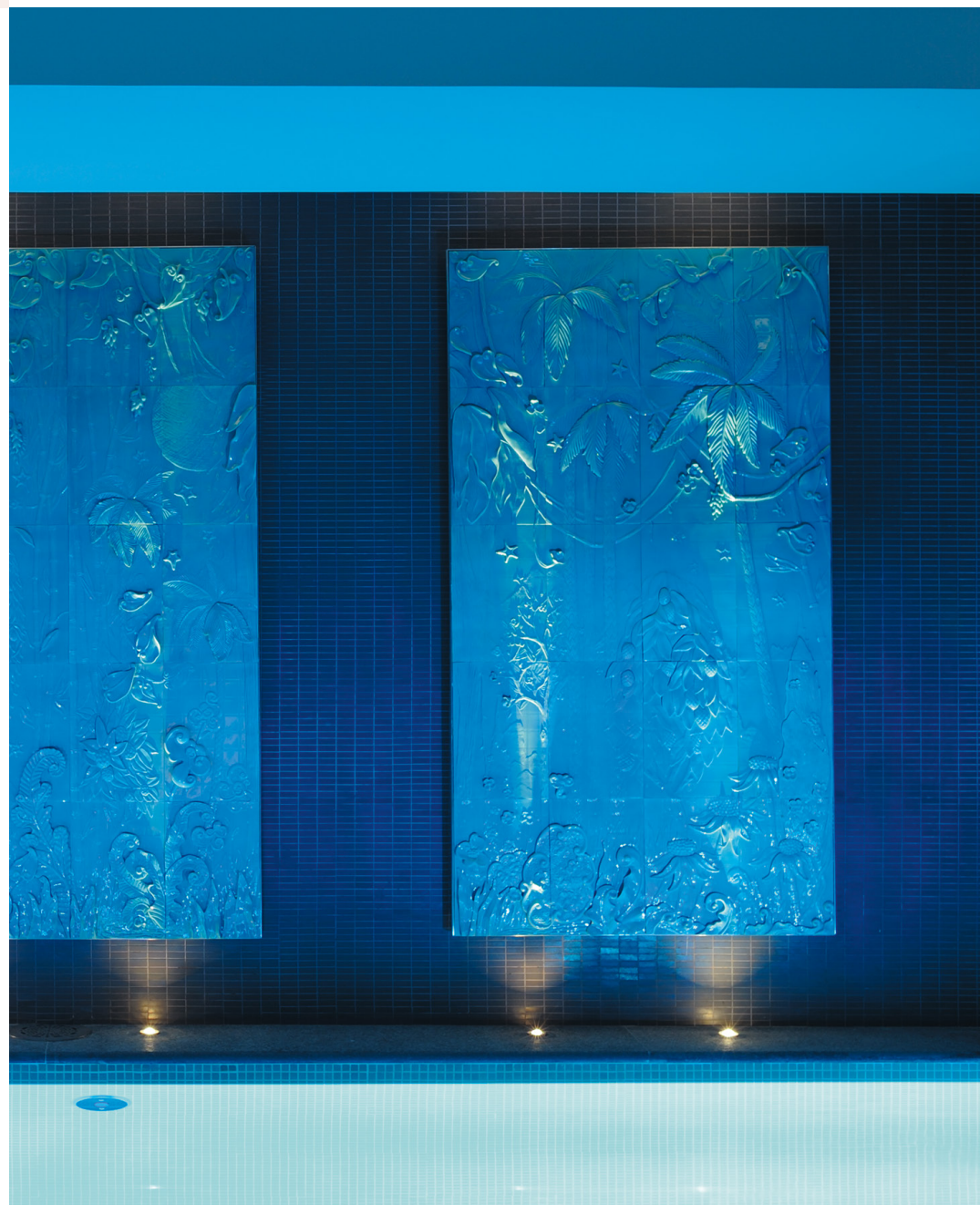
When you book, please tell us if your state of health or possible allergies may require us to adapt our treatments to fit you.

Be advised that because of the extreme heat of the steam room, its use is strongly discouraged for people with high blood pressure, hypertension or breathing difficulties. Beauty treatments for pregnant women are available starting from the second trimester.

Please inform our hostesses when you arrive that you are pregnant, so that they can advise which treatments are appropriate.

CHILDREN AT THE SPA

Children under the age of 16 must be accompanied by a parent or guardian. The minimum age for massages and beauty treatments is 16.



LE SPA DE LA BELLE JULIETTE



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